



# 2009 TOUR OF FAIRBANKS

June 11<sup>th</sup> through June 14<sup>th</sup>



CHIP TIMING CHIP TIMING CHIP TIMING CHIP TIMING CHIP TIMING

Presented by Fairbanks Cycling Club  
And the following sponsors.

**SILVER GULCH BREWING and BOTTLING**  
**GOLDSTREAM SPORTS**  
**ALASKA COFFEE ROASTING**  
**BEAVER SPORTS**  
**GOLDEN HEART EMERGENCY PHYSICIANS**

In 2008 we reintroduced the Tour of Fairbanks with some course changes and new sponsors. This year we have worked hard to build on last years success and lessons and have incorporated some changes that were asked for by many riders. A professional timer with an extensive sports backround will do the timing. We have added a separate womens field and a separate masters field. Hopefully we can attract enough riders to make these classes fun. In order to keep peoples interest we have also made some course changes. For example all fields will have five races this year with the introduction of a 20k individual time trial for the women/sport/masters fields. Some changes were made for safety such as getting rid of the mass start on the Parks Hwy and turning it into a prologue time trial. This should enable us to stay well to the right side of the road.

**REGISTRATION:** Pre-registration is mandatory for all GC riders. Riders in the sport/womens/masters class must also pre-register if they are racing GC. Riders in the sport/womens/masters class that plan to race only a few of the stages can pre-register or register the day of the race. Pre-registration must be received in Fairbanks no later than June 5<sup>th</sup>, Friday. Mail to:

Tour Of Fairbanks  
c/o Fred Harbison  
2805 Monteverde Rd  
Fairbanks, AK 99709

**COST:** Registration for the GC in any of the classes is \$100. This covers the CHIP TIMING, awards, food, and course set up. This includes a membership in the Fairbanks Cycle Club for insurance purposes. Cost for each individual stage will be \$20.

**ROADS:** All courses are open to public traffic. We must obey all the rules of the road or risk losing our sponsors, our race, and our reputations. All courses will have ample warning signs to alert traffic that a bike event is being held.

**EQUIPMENT:** Approved helmets must be worn at all times and must be in good condition. Road bikes must be UCI road race legal. Time Trial bikes obviously may be used for the TTT. TT helmets must be crash rated, not just aero. Rider numbers are provided and MUST be on the bike frame or seat post for every race.



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## ALASKA COFFEE ROASTING CO.

**Thursday June 11: Stage 1. Individual Prologue Time Trial**

**Individual stage registration – 4:30 – 5:30pm**

**Start: Expert/Sport/Womens/Masters start at 6:00PM with 30 sec intervals.**

**Route: Ester Fire Dept to the Parks Monument turnout. 6 mile course.**

**Course note: OPEN COURSE. Please do not park on the side of the highway to view/cheer riders. There are side streets and turnouts every so often so please use them.**



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## SILVER GULCH BREWING AND BOTTLING

**Friday June 12: Stage 2. Fox – Cleary Summit Road Race**

**Individual stage registration; 4:30 to 5:30pm.**

**Start: Mass start by field. Expert 6:00pm  
Sport 6:05 pm  
Womens 6:10pm  
Masters 6:15pm**

**Course: OPEN COURSE For all fields the race starts just past the Fox weigh station on the Steese Hwy and rolls up the valley toward Pedro Monument. Then the climb starts up toward Cleary Summit and the turnaround. The only feed zone is the 200m before the turnaround. The turnaround will be manned and is a neutral zone for 200m before and after the turn. Then you descend through the S turn, THE S-TURN IS A NEUTRAL ZONE for 200m before and after, please use caution, and race to the finish back in Fox. 22 miles in length.**

**Expert Sprint: There will be two sprints for points. The sprint zone will be approximately 5k before the beginning of the climb and at the same place on the way back.**



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## **FAIRBANKS CYCLE CLUB**

**Morning Saturday June 13: Stage 3. Chatanika Road Race**

**Individual Stage Registration: 8:30am to 9:30am**

**Start: 10:00am Expert mass start at Chatanika Lodge  
10:10am Sport mass start at Chatanika Lodge  
10:20am Womens mass start at Chatanika Lodge  
10:30am Masters mass start at Chatanika Lodge**

**Route: OPEN COURSE Expert field goes out 35 miles to turn around (neutral zone 200 yds before and after) and back. Intermediate sprints at around mile 15 and mile 35 for expert field only.. Approximate time 2½ to 3 hours.**

**Sport/Women/Masters fields go out 20 miles to a neutral turnaround and back to Chatanika lodge. Approximate time of 2 hours.**

**Available points for Open/Expert at 2 intermediate sprints and  
1 final sprint**

**NOTE: Registration for the Team Time Trial (TTT) is after the AM stage at approximately 12:30pm. Maximum of six riders per TTT team. All riders in the TTT must be eligible GC riders.**



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Fairbanks, Alaska (907) 479-2494

## **BEAVER SPORTS TTT**

**Afternoon Saturday June 13: Stage 4.** Team Time Trial (Expert) 40k  
Individual Time Trial (S/W/M) 20k

**Individual Stage Registration: 1:30 to 2:30pm**  
**Follow car registration 1:30 to 2:30pm**

**Start:** 3:00pm at Chatanika Lodge. The sport men, womens, and masters fields will start first in that order at 30 second intervals. After the last masters racer is on the course there will be a 10 minute lag and the teams will go out at two minute intervals. Both turn arounds, one at 10k and one at 20k will be manned.

**Route:** OPEN COURSE. Both races go out and back on the Steese Hwy starting and finishing at Chatanika Lodge. 25 miles for Open/Expert and 12.5 miles for Sport/Women/Masters.



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Golden  
Heart  
Emergency  
Physicians

# GOLDEN HEART EMERGENCY PHYSICIANS

Sunday June 14: Stage: 5 Road Race

Individual Stage registration: 9:30 to 10:30am

Start: Expert mass start at 11:00am at Fox  
Sport mass start at 11:10am at Fox  
Women mass start 11:20am at Fox  
Masters mass start 11:30am at Fox

Route: OPEN COURSE Expert – up the Elliot Hwy over Wickersham Dome (last years turnaround) to approximately 38 mile.(Globe Creek) Turnaround (With neutral zone 200yards prior to and after turn) and return to a finish line at the Fox well. (just shy of the start to avoid the intersection of Old Steese and Elliot) Feed zones at Wickersham Dome on the way out and back. No other feeding allowed.

Two intermediate sprints contested at the same place, once on the way out and once on the way back.

Sport/Women/Masters – up the Elliot Hwy approximately 28 miles to Wickersham Dome and turn around. Turn around is neutral, manned and a feed zone. Then race back to the finish just outside of Fox. 75 miles for Open/Expert, and 56 miles for Women/Sport/Masters.

Expert approx time 3 1/2 to 4 1/2 hours.

Sport/Women approx time 3 1/2 to 4hrs

Points for Expert Field at 2 intermediate sprints and the finish sprint.



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## **GENERAL RULES:**

USCF race rules apply. You do not need a license to race. State of Alaska law dictates that we ride 2 abreast as far to the right as we can. It is a race, but lets try!

Yellow line violations are very serious and there will be one warning and then the rider will be expelled from the stage and or the whole race.

There will be absolutely no feeding or contact of any kind with a moving vehicle while on the bike.

Feeding is allowed only in the neutral feed zones and must be handed out by a stationary attendant.

The race marshal has final say on all disciplines and his decision can not be appealed.

Racers must comply with all race signage.

Any and all discourteous behavior toward the public, other racers, or race officials will lead to the racer being expelled from the race.

## **RACE OFFICIALS**

**Race Marshal: Pete Wilda**

Course Director: TBA

Timing Official: John Estle

Assistant marshal/course setter: TBA

Assistant marshal/course setter: TBA

**NEUTRAL ZONES** Neutral zones are located at all feed stations, traffic crossings, and turnarounds of out and back courses. No place advancement or attacks shall take place in the prescribed neutral zone. These are here for our safety and the penalty for an infraction in the neutral zone could be disqualification from the stage. Neutral zones are described in the race bible and labeled on the course maps.

**DISPUTES** All teams will have a designated captain. The team captain will be the official member of the disputes committee. If the Race Marshal needs advice on a particular infraction or race decision, he can assemble the disputes committee. The disputes committee is comprised of team captains, the Race Marshal, and a member of the effected field.

**TEAM CAPTAIN** An official team captain will be selected by each team for the duration of the whole stage race. The team captain will be a member of the dispute committee and will be the official contact person for the team. Team captains must ensure that all their riders obey the rules, must ensure all riders sign in at every stage, and must register their TTT teams and follow cars among other duties.

**TEAMS:** If you are riding on a team you must be registered with that team and will remain with that team, only, for the duration. All team members must have and wear a complete team uniform consisting of jersey and shorts.



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## TTT RULES:

- 1) Team registration is directly after the morning road race. A team captain must be named for contact/communication purposes. Teams may register a max of 6 riders per TTT team and a minimum of three riders. Time stops for the team at the third rider across the line. There is no team mixing allowed!
- 2) Team members that drop off the back of their team get an individual time for GC purposes and whatever points their team earned.
- 3) Team riders unable to continue the TTT due to unforeseen mechanical problems or crashes will, at the race marshal's discretion, be given the same time as the slowest team to finish. No points will be awarded to the rider. Rider may ride the next stage.
- 4) No drafting off another team, individual, or a follow car.
- 5) Follow cars have a specific set of rules listed separately, BUT riders may not take food or drink from any vehicle. Riders will be immediately scratched from the race if they exchange anything with a vehicle while the car or rider is in motion. Start with what you will need.
- 6) Points for the TTT are as follows. All members of the first place team get 50 points for their individual total. All members of the second place team get 40 points for their individual total. Third place 30 points, fourth place 20 points, and fifth place 10 points each. Even if a rider falls off the back of the team they still get the same points as the team. The rider off the back does get a separate GC time however.
- 7) Start order will be based on team points to date. Least points to most.

ITT Rules: Racers will go out at 30 sec intervals slowest to fastest. Seeding is done by the race marshal.

Standard time trial rules apply. No follow cars allowed. No drafting. 30m clear air between riders or a rider may get a penalty.



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## Follow Car Rules:

- 1) 1 follow car per team with wheels, extra bikes, and mechanical items only. No food or drink.
- 2) Follow car will be clearly marked with their team logo.
- 3) Follow car driver and car will be registered with the race marshal at least 30 minutes prior to race start. No registration will be allowed after 3:30 pm.
- 4) Hazard lights on at all times. Headlights on at all times.
- 5) Follow car will be no closer than 200 feet from any bike.
- 6) If a follow car is needed for mechanical or medical support, the rider/s and the follow car should move as far to the right of the road as possible, even trying to get off the road, and come to a complete stop before help is rendered.
- 7) If a team is to be passed by another team, both follow cars pull off to the right side of the road and come to a stop. Once the teams have sorted out their position then the follow cars may start again, pass if needed, and resume their duties.
- 8) Follow cars will follow their team. NO leap frogging!!!
- 9) Follow cars start the race at staging. Staging will be in order of team start and will be approximately 300 yards past the rider start point on the shoulder. As their team rides by the follow car pulls out and begins their duties.
- 10) The team provides their own follow car and driver.

**NOTE:** Aside from bunch sprints this is the most dangerous part of the race. Cars and bikes at high speed do not mix well. Safety is our utmost concern and any infractions of the Follow car rules will result in immediate team disqualification.



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## **POINTS RULES:**

**Individual Points = awarded in intermediate sprints, final sprints, and TTT finishes. Points are only points and have no time bonus attached to them. GC is based solely on individual elapsed time.**

**Individual points winner is based on the total of a racers points earned.**

**Team Points winner = team points are added at the end of the race to determine the Team Winner. Team points are the combined points for all team members who completed the Expert GC race. Points of each team member are simply added up for the team result.**

## **POINT SCHEDULES**

### **Intermediate sprints:**

**1<sup>st</sup> place – 5 pts**  
**2<sup>nd</sup>        -- 3 pts**  
**3<sup>rd</sup>        -- 1 pts**

### **Finish Sprint:**

**1<sup>st</sup> – 10 pts**  
**2<sup>nd</sup> – 5**  
**3<sup>rd</sup> – 3**



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**ENTRY FORM**

Sign up for:	Price:	Rider Name _____
<input type="checkbox"/> Stage 1 Parks Pro-logue	\$20.00	Address: _____
<input type="checkbox"/> Stage 2 Fox-Cleary-Fox RR	\$20.00	_____
<input type="checkbox"/> Stage 3 Flatish Road Race	\$20.00	E-Mail: _____
<input type="checkbox"/> Stage 4 TTT (Expert/Open)	\$20.00/person	Team (if any): _____
	ITT (S/W/M)	Rider age: _____
<input type="checkbox"/> Stage 5 Hilly Road Race	\$20.00	<b>Category</b> (circle one)
<input type="checkbox"/> General Classification	\$100.00	Sport
All stages		Women's
		Master's
		Expert/Open (GC only)

Total cost \_\_\_\_\_ Make checks payable to Tour of Fairbanks

Mail checks to: Tour of Fairbanks  
c/o Fred Harbison  
2805 Monteverde Rd  
Fairbanks, AK 99709

\*\*\*\* Note that the GC registration fee is \$100 for the whole race. (5 stages) This fee is applied toward your yearly membership in the Fairbanks Cycle Club. The entry fee is raised this year to incorporate the purchase of an electronic timing system. We foresee the future entry fees going down. If you are registering for only a few stages your fees go toward a one-day permit to race for each stage you enter. Individual stage racers need to sign a waiver/entry form on race day. If you wish to sign up for the GC please fill out an FCC membership form and your race application.

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