

## FCC 2008 Leisure Ladies Rides

Where: UAF Patty Center Parking lot (unless otherwise indicated)

When: Thursday 6:00 PM, May 1 – Aug 7 (informal rides until snow)

HELMETS are mandatory

Fairbanks Cycle Club Membership is required

Rides will be slow to medium paced. Road or mountain bikes can be used for the road rides.

Mountain bikes with good knobby tires are recommended for the off-road rides.

Ride distances are approximations

May 1: Tour de University-remember how to ride your bike . Rolling terrain. 5-10 miles

May 8: Sheep Creek/Goldstream . Miller Hill to Yankovich and back to UAF. 10 miles

May 15: Ride out Sheep Creek to Murphy Dome Rd. Ride some of Murphy Dome.and back.  
13-20 miles.

\*\*\*May 22: MEET AT ESTER WEIGH STATION with MOUNTAIN BIKES. Option of starting at UAF at 5:30. Ride to Ester and meet up with group at 6:00 for mountain bike ride.

May 29: Ride out on Farmers Loop, back on College. 10-15 miles.

June 5: Ride out Sheep Creek to Goldstream, Ballaine Rd to, Yankovich to Miller Hill and back to UAF. 22 miles.

June12: Ride out Sheep Creek to Gold Hill, to Parks Hwy, Cripple Creek, up Isberg, back on Chena Ridge. 20 miles

\*\*\*June 19: MEET AT BIRCH HILL NORDIC CENTER parking lot for an off-road ride. Good ride for beginner to intermediate MOUNTAIN BIKERS.

June 26: Ride Farmer's Loop to McGrath Rd. Follow Old Steese south to Farmer's Loop, back to UAF. 20miles.

\*July 3: MOUNTAIN BIKE. We will ride the UAF ski trails. This ride will take some bike handling skills due to roots and bumpy trails.

July 10: Ride Chena Ridge to Chena Pump, Gold Hill and back to UAF. 25-30 miles.

\*\*\*July 17: MEET AT ESTER WEIGH STATION ride up the Old Nenana and back on the Parks Hwy. option of meeting at UAF at 5:30 and ride to Ester to meet group for road ride. 20-30miles

July 24: Ride out Ballaine, Goldstream, Sheep Creek, Miller Hill, Yankovich back to UAF 22m.

\*\*\*July 31: MOUNTAIN BIKE ride MEETS at FOX ROAD HOUSE. Ride up Elliot Highway to Silver Fox Rd to Pedro Dome. Ride down Steese Rd. back to Road House. 18 miles.

August 7: Route TBA, end of season potluck after the ride?