

Volume 10
Issue 3
September 2005

Spoken' Word

Cycling: The Perfect Synthesis of Mind, Machine and Body

FCC Board

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President
374-4829

Tom Clark
Vice President
479-3496

Christine Matson
Treasurer
488-0653

FCC
HOTLINE
459-8008

Upcoming Events

Sun, Sept 11th:
Fall Potluck

Tues, Sept 13th:
Doug Ride

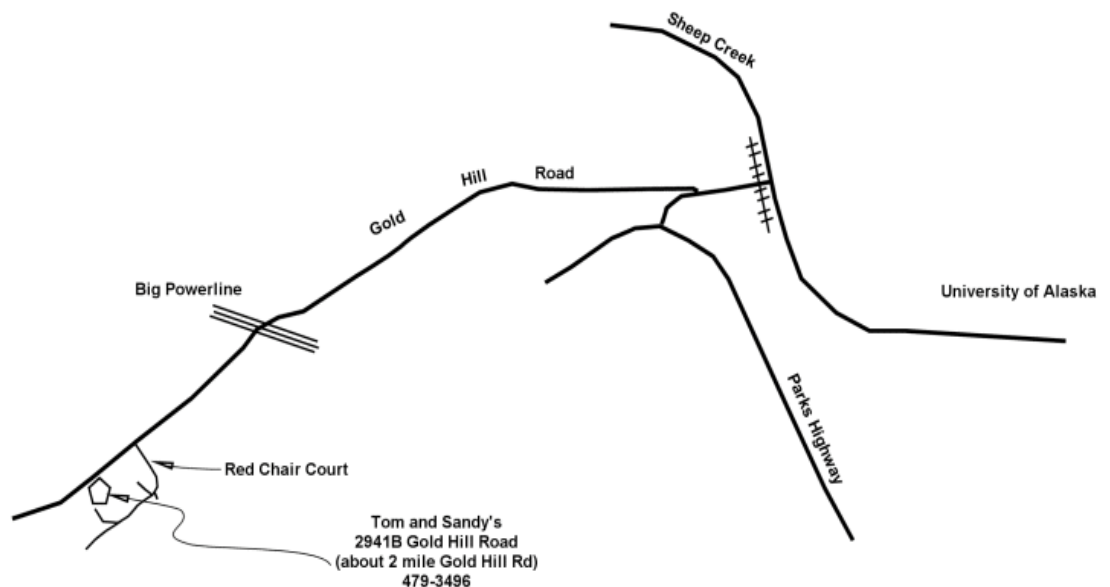
Sun, Sept 18th:
Marathon
Cleanup Ride

Join us for this year's Fall Potluck!

The fall potluck will be held on Sunday, September 11, 3:00pm at Tom Clark's home. The main course will be provided, please bring your favorite salad or desert to share. This is more than just a meal, it is also the club's annual membership meeting. As a club member this is your opportunity to provide input on past and future club activities. We will also be nominating and electing next year's board members. We have vacancies that must be filled in order for the Fairbanks Cycle Club to remain viable. Please help take an active role in promoting and supporting bicycling in Fairbanks. Free club t-shirt and bottle for all who attend! If you are unable to attend the potluck but are interested in becoming a board member please contact a current board member.

Directions to the potluck:

Drive the Parks Highway towards Anchorage and take the Sheep Creek Turnoff. Turn left on Gold Hill Road. After two miles, turn left onto Red Chair Court (2941) and turn up the second real driveway to the right, marked as 2941B. Log Cabin with blue trim. Lost? 479-3496.



Fairbanks Cycle Club Advocate's Report

You may recall that last spring the cycle club hired Doug Yates to monitor and speak out on issues effecting cyclists, pedestrians and trail users. Here is a brief overview of Doug's activities since that time. A detailed report will be available at the fall potluck.

- Contacted the DOT concerning safety issues for cyclists using the parks highway and University Avenue. He has also pointed out the poor condition of the Parks Highway margins and the problems they create for cyclists.
- Contacted an individual at DNR concerning improvement of the Colorado Creek trail and will continue to be involved in future reconstruction plans.
- Contacted State Troopers concerning trucks that scatter gravel on the Parks and Richardson highways through excessive speeds and uncovered loads.
- Made public comment and spoke with a DOT representative concerning cyclist and pedestrian needs for the Illinois Street Reconstruction Project.
- Requested the removal of waste near the back door trail and pointed out potential environmental issues in the area to the appropriate regulating agencies.
- Provided photos to be used for promotion of the Fairbanks Cycle Club.

Doug will disseminate information that is important to cyclists and hikers through the list serve so if you are not on the list yet please go to the FCC website and sign up.



The First Annual FCC Youth Series - A Great Start!

The first of three mountain bike races for kids sponsored by the Fairbanks Cycle Club was held on a grassy circuit around the dogmushers field at the Jeff Stoddart race grounds on Saturday June 11th. Quinn Vinlove held off the rest of the Kindergarten through 2nd grade field while Anja Endestad narrowly took 2nd place over Jordan Lewis who made a late charge after a mechanical problem. In the 3rd-4th grade class, Cory Johnson chose the right gear on the home-stretch hill to out climb Micah Pengilly to the finish. Spike Mercier and Joseph Wilson were in a tight race on the first lap of the 5th-6th grade class until Joseph threw his chain and crashed. Spike finished the second lap solo to claim first place.

| Place | K – 2nd Grade 1 mile course | 3rd – 4th Grade 1 mile course | 5th – 6th Grade 2 mile course |
|-----------------|---|--|--|
| 1 st | Quinn Vinlove 7:50 | Cory Johnson 5:54 | Spike Mercier 11:37 |
| 2 nd | Anja Endestad 8:57 | Micah Pengilly 7:12 | Joseph Wilson DNF |
| 3 rd | Jordan Lewis 9:05 | | |

The second of three mountain bike races for kids sponsored by the Fairbanks Cycle Club escaped the rain but not wet trails on Saturday July 9th at the West Ridge ski trails. The tightest race was among the K–2nd graders racing on a puddlely 0.4 mile course. Jordan Lewis crossed the finish line 3 seconds before Quinn Vinlove. Tristan O’Donahue was close behind Quinn, and Everett Darrow was closing the gap after making adjustments at the turnaround. All the older kids road multiple laps on a hilly 1.2 mile course. Cory Johnson turned in an impressive time on his way to first place in the 3rd–4th grade class, despite doing an endo (going over handlebars) in a hole on the Potato Field. Tommy O’Donahue caught Kiana Hamlin on the next to last hill to claim 2nd and 3rd places, respectively. In the 5th–6th grade class, Spike Mercier claimed 1st place but sportingly gave up some time when he stopped to assist Cory Johnson recover from his crash. Mikayla Hamlin, in her first bike race, came in just a minute behind Spike. The sole entrant in the 7th–8th grade class, Logan Hanneman, worked hard for his 1st place finish, nearly lapping the entire field on his third lap.

| Place | K – 2nd Grade 0.4 miles | 3rd – 4th Grade 2.4 miles | 5th – 6th Grade 2.4 miles | 7th – 8th Grade 3.6 miles |
|-----------------|---|--|--|--|
| 1 st | Jordan Lewis 3:47 | Cory Johnson 17:37 | Spike Mercier 19:14 | Logan Hanneman 20:58 |
| 2 nd | Quinn Vinlove 3:50 | Tommy O’Donahue 25:58 | Mikayla Hamlin 20:14 | |
| 3 rd | Tristan O’Donahue 4:09 | Kiana Hamlin 26:20 | | |
| 4 th | Everett Darrow 5:47 | | | |

The third and last mountain bike race for kids in 2005 sponsored by the Fairbanks Cycle Club at Birch Hill narrowly escaped the rain on Saturday. In the K-2nd grade race, newcomer Elijah McMorrow bested veterans Jordan Lewis (2nd), Tristan O'Donahue (3rd), and Quinn Vinlove (4th). Sisters Erin and Jessie Wattum gutted it out for 5th and 6th places. All the older kids road 2 laps on a hilly 1.2 mile course that included the West Ramp, East Ramp, Roller Coaster, White Bear Access, and Warm-up trails. Tyler McClendon (1st in 5-6th grade), in his first race of the year, set a blistering pace and then had to push his bike over the finish line after jamming his chain. Cory Johnson (1st in 3rd-4th grade) was a little over a minute behind Tyler. Tommy O'Donahue toughed it out on the hills to finish 2nd in the 3rd-4th grade class.

The racers tested their skills on the trials course before and after the race. All conquered the teeter totter, and most survived the wide plank, but all had problems on the narrow (6 inch) plank and the tight slalom course. In 2006, the races will follow a similar format, but the Fairbanks Cycling Club will sponsor weekly organized rides for kids to practice their trail riding, learn how to bike safely, and get the most fun out of 2 wheels. Contact Rick Johnson or Laura Jacobs (455-6950) for details or to volunteer.

| Place | K-2nd Grade 0.5 miles | 3rd – 4th Grade 2.4 miles | 5th – 6th Grade 2.4 miles |
|-----------------|---|--|--|
| 1 st | Elijah McMorrow 2:50 | Cory Johnson 16:16 | Tyler McClendon 15:05 |
| 2 nd | Jordan Lewis 3:10 | Tommy O'Donahue 27:03 | |
| 3 rd | Tristan O'Donahue 3:25 | | |
| 4 th | Quinn Vinlove 3:33 | | |
| 5 th | Erin Wattum 3:52 | | |
| 6 th | Jessie Wattum 4:36 | | |

Thanks to every one who helped out with the youth series races.

Wes Wagner

Anna Wagner

Tom Clark

Christine Mattson

Chuck Pengilly

Russ Drovold

Frank Soos

Doug Burnside

Special thanks to Rick Johnson and Laura Jacobs for organizing the youth series races.

Chena Hot Springs Ride a Great Success

Riders of all ages helped to make the 2005 Chena Hot Springs ride a great success. This Fairbanks tradition has waned a bit over the past few years but the Cycle Club wanted to bring it back to life. Talk about back to life, we had more than 100 riders of all ages, and a great post-ride party at the Hot Springs.

A special thanks needs to go out to our sponsors, including the Fairbanks Memorial Hospital, the Chena Hot Springs Resort, Raven Cross Country, Beaver Sports, Hot Licks, 10-mile Mercantile, H & S Warehouse and many others. Individuals that deserve thanks include John Murphy (the picnic cook); Brenda Hewitt; Bernie Karl; Luke and Melinda Balisch; timers Gail Koepf and Meg Schlensinger; and Chris and Byron Broda who jumped in to help at the end of the ride.

We've had many good suggestions for improving the ride for next year, but one thing we know we need is volunteers!!! If you are interested in getting in on the early planning of next years event come to the end of the season picnic and sign up!

Happy Riding!

FCC Treasurer's Report

The club currently has \$6500 in the checking account. What does the club spend money on? Here is a brief summary of to date income/expenses to give you an idea of what the club spends per year.

| Income | | Expense | |
|----------------------|--------------|-----------------------------|--------------|
| Banner Health (CHSR) | 5000 | Chena Hot Springs Ride | 5506 |
| CHSR Entries | 2625 | FCC Race Supplies | 973 |
| FCC Memberships | 3490 | Bike Advocate (year) | 1500 |
| Sponsorship | 700 | Storage Unit | 357 |
| Bike Swap | 900 | Advertising | 257 |
| Sale of Shorts | 363 | Phone (year) | 385 |
| | | Postage/printing | 705 |
| | | Insurance/permits | 440 |
| | | Ride leaders/trail grooming | 850 |
| | | FCC Tee Shirts | 986 |
| | | FCC Water Bottles | 1043 |
| Total Income | 13078 | Total Expense | 13002 |

The accounting for the Chena Hot Springs Ride is handled separately and FCC has set aside the balance of \$2119 for next year's CHSR.

Christine Matson
FCC Treasurer

Fairbanks Cycle Club

P.O. Box 83424

Fairbanks, AK 99708

WE'RE ON THE WEB! www.fairbankscycleclub.org

FCC 2005 SPONSORS

Raven Cross Country
1222 Well St. #2
456-5070

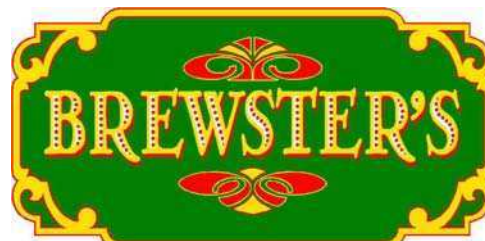


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