

## FCC 2023 Ladies of Leisure (LOL) Road Ride Schedule

Ride leaders: **Sheryl** - [sherylmareereily@gmail.com](mailto:sherylmareereily@gmail.com) / **Ginny** - [gin.kinne@gmail.com](mailto:gin.kinne@gmail.com)

Fairbanks Cycle Club membership required. Register on-line [www.fairbankscycleclub.org](http://www.fairbankscycleclub.org)

WEAR bright or reflective clothing. HELMETS mandatory, bring water, spare tube or patch kit.

**What:** get out and ride for about 1.5 hours. Two ride options.

SP = slower pace, shorter distances. MP = moderate pace, longer distances.

**Where:** UAF-Nenana parking lot (across from Patty Center) **\*unless indicated otherwise.**

**When:** Thursdays 6:00pm, ready to ride. April 27 – Sept.14, extend if weather holds.

Date	Route	Mileage
April 27	>SP Sheep Creek, Goldstream, Anne's Greenhouse rtn 10mi. >MP Murphy Dome Rd. Spinach Creek 13 -17.5 mi.	10-17.5
May 4	>SP Parks Hwy or Goldhill to Ester rtn, 12 mi. >MP Cripple Creek to Violin St. rtn, 20.5 mi	12-20.5
<b>*May 11</b>	<b>MEET at BLACK SPRUCE BREWING</b> >SP Van Horn to loop around Airport service road, Airport Post Office rtn. >MP add Dale Rd, Chena River bike trail, Loftus, UAF roundabout rtn.	10-20+
May 18	>SP Sheep Creek, Murphy Dome, rtn 13 mi. or Spinach Creek 16 mi. >MP mailboxes 25 mi, end of pavement 30 mi.	10-30
May 25	>SP Farmer's Lp to New Steese rtn 18 mi. >MP Farmer's Loop, McGrath, R-Old Steese, rtn Farmer's Lp Yankovich & Miller Hill 26.5 mi.	18-26.5
<b>*June 1</b>	<b>MEET at TRAX</b> >SP Old Steese, McGrath, Farmer's Lp, rtn to Trax, 10 mi. >MP Old Steese, Hagelbarger, Steele Cr, CHSR, up Bennett, Old Steese rtn. Alternate short route, down Bennet to CHSR, rtn Old Steese.	10-??
June 8	>SP Sheep Cr, Goldstream, Pandora rtn 21.2 mi. >MP Fire Station return Ballaine, Yankovich, Miller Hill 31.5 mi.	17.5-31.5
June 15	>SP Sheep Cr, Goldhill or Parks Hwy, Cripple Cr rtn 16 mi. >MP add Isberg, Chena Ridge, Dartmouth, Steelhead 20 mi.	16-20
June 22	>SP Ballaine, L Goldstream, rtn Sheep Cr. >MP add Miller Hill, Yankovich, West Ridge	18
June 29	>SP Chena Ridge, Chena Pump Loop, 18 mi. >MP Chena Ridge, Isberg, Cripple Cr, Parks Hwy, Goldhill, 21.5 mi	18-21.5
July 6	>SP Sheep Creek, Murphy Dome+ rtn. 13 mi. >MP add end of pavement 30 mi.	10-30
July 13	>SP Ballaine out/back Goldstream, or Farmer's Lp >MP Ballaine, Goldstream, Old Steese, McGrath, Farmer's Lp	10-27
July 20	>SP Sheep Cr, Goldhill or Parks Hwy to Park's Hwy Monument out/back >MP Monument rtn via Old Nenana, adds 6 mi	24-30
July 27	>SP Farmer's Lp, out & back or do McGrath. >MP FL to Skyline or Summit, reverse or back on Farmer's Lp.	17-24
Aug 3	>SP Sheep Cr, Murphy Dome, to Spinach Creek, 16 mi. >MP turn R on Spinach Cr ride out 3.5 mi, 23 mi.	16-23
<b>*Aug 10</b>	<b>MEET in FOX</b> Silver Gulch >SP Steese to Pedro Monument rtn 11mi >MP Steese to Cleary Summit rtn 18.5 mi.	11-18.5
Aug 17	>MP Farmer's Lp, McGrath, Old Steese, Goldstream, Sheep Creek 30 mi. >SP turn off Goldstream onto Ballaine 27 mi.	27-30
Aug 24	>SP Parks, Cripple Creek, Potter rtn, Gold Hill Rd. >MP add Rosie Creek, Chena Pump, Small Tracks, Dartmouth, Loftus rtn.	20-32
<b>*Aug 31</b>	<b>MEET at ESTER Park</b> mi 352 Parks Hwy, burgers at Golden Eagle >SP Old Nenana rtn or loop back on Parks 18.5 - 20 mi. >MP 5:30 start at UAF ride to Ester 26 - 32 mi.	18.5 -32
Sept 7	Meet & Greet- Sheep Cr, Goldstream, Ballaine, Yankovich, Miller Hill or reverse.	18-?
Sept 14	Farmer's Loop, McGrath, L Old Steese, Silver Gulch, out/back. NB less light.	27-30